



It's Okay! A Journey Through Grief
 This little booklet truly reflects the survival instincts of those going through the grief process. Written by a funeral director and a grief group facilitator, this little booklet is packed with a great deal wisdom and support.

28 pages - 3" x 3" Steve Mitchell

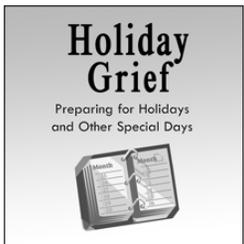
Quantity	Quantity
1-24 \$ 1.40	100 - 249 \$ 0.95
25 - 49 1.30	250 - 499 0.90
50 - 99 1.05	500+ 0.85



¡Está BIEN! Un viaje a través de la aflicción
 It's Okay is now available in Spanish. Please call for quantities over 100.

28 pages - 3" x 3"
 Steve Mitchell

Quantity	Quantity
1-24 \$ 1.40	25 - 99 \$ 1.20



Holiday Grief – Preparing for Holidays & Other Special Days
 Holidays and special days, particularly the anniversary's, are often a source of distress. Barbara Moore and Dennis Williams,

authors of four other grief support booklets, created this quick-read, inexpensive booklet that may help a grieving person deal with these special days.

24 pages - 3 1/4" x 3 1/4" Dennis Williams & Barb Moore

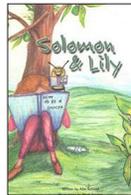
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For Children

Healing Activities For Children
 Activities designed to promote discussion involving specific topics.

72 pages - 8 1/2" x 11" Ages 5 - 18 \$ 24.95

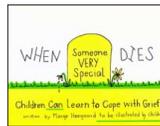


Solomon & Lily

A unique story about friendship, loss, transformation and healing.

26 pages - 5 3/4" x 8" Ages 2 - 10 \$ 11.95

The following books are appropriate for children ages 6 - 12



When Something Terrible Happens

A workbook to help children deal with their feelings about traumatic events. 36 pages - 11" x 8 1/2" \$ 9.95

When Someone Very Special Dies - Children Can Learn to Cope with Death

Practical format to help children. 36 pages - 11" x 8 1/2" \$ 9.95

When Someone Has A Very Serious Illness
 An excellent workbook for helping children learn the basic concept of illness. 36 pages - 11" x 8 1/2" \$ 9.95

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If your order is:	Under \$25	\$3.50
	\$26 - 50	\$6.95
	\$51 - 250	10%
	\$251 +	9%



GRIEF RESOURCES CATALOG

a big selection of affordable booklets at volume discounts

Dedicated to providing support to those grieving and the people who help them

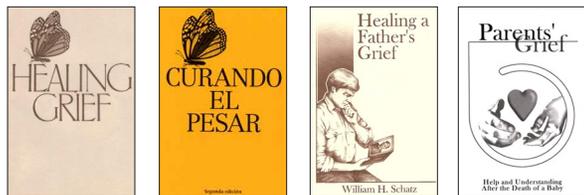
A resource for hospitals, funeral homes, hospices, support groups, law enforcement, chaplains, visiting nurses, individuals and more

Ordering is Easy!

See back for details.

Save on pricing and on shipping!

FOUR Titles - ONE Price!



Order any combination of these four well-known titles and save.

Healing Grief & Curando El Pesar

With over four million copies sold, these booklets (English or Spanish) are very popular with both individuals and professionals. The author knows grief first-hand, having lost a nine year old son, a grown son and daughter and a husband. Filled with substance Amy's book covers 15 topics.

24 pages – 5 ¼" x 8 ¼" Amy Hillyard Jensen

Healing a Father's Grief

Widely recognized as an authoritative, helpful guide for grieving men. The author draws on his own experience after the death of his nine year old. He writes about the special problems men have in grieving, shows how male role conditioning interferes with getting through grief, and offers suggestions how to deal with the problem.

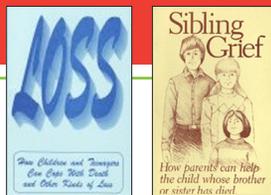
24 pages – 5¼" x 8¼" William H. Schatz

Parent's Grief - Help and understanding after the death of a baby

A baby dies during pregnancy or unexpectedly. The feelings of shock, disappointment, and loss of control are overwhelming. Topics cover the full range of emotions and problems from the first shock through the stages of grief. Written by a certified counselor.

24 pages – 5 ¼" x 8 ¼" Carol Parrott, R.N.

Quantity	Quantity
1 - 9 \$ 3.25	100 - 199 \$ 0.98
10 - 24 1.50	200 - 499 0.90
25 - 49 1.20	500 - 999 0.80
50 - 99 1.10	1000+ .075



Any combination of these three helpful titles is just one price.

LOSS - How Children and Teenagers Can Cope with Death

Covers the death of a parent, grandparent, close relative, or friend. This book includes preparing for a coming death, terminal illness, sudden, unexpected death, the funeral, the grieving process in children (by age) and signs of abnormal grief. A section for teenagers.

12 pages, 5 ¼" x 8 ¼"
Patricia L. Papenbrock, R.N. & Robert F. Voss, M.A., Q.M.R.P.

Sibling Grief

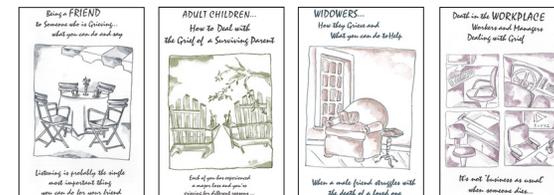
When her older son died, the author, overwhelmed with her own grief, found it hard to help her other son. From that experience and her work as a caregiver, she crafted this concise but thorough discussion for parents. Covers common responses, fears, helpful things you can do, things not to do and more. This booklet is also used as a text in training counselors.

12 pages - 5¼" x 8¼"
Marcia G. Scherago, M.S.W., LICSW

Quantity	Quantity
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How to Help Booklets

Often people don't know what to do or say to someone who is grieving. These quick-read booklets were developed to answer many of the question asked by people who want to help.



Being A Friend to Someone Who is Grieving Suggestions on how you can help a friend who is experiencing grief. It includes things you can do and say as well as things you shouldn't do or say. Covered are levels of commitment, how to avoid misunderstandings, social settings and more.

Adult Children - How to Deal with the Grief of a Surviving Parent

This booklet deals with the relationship between an adult child and surviving parent and how each is grieving a different kind of loss.

Widowers - How They Grieve and What You Can Do to Help

Males deal with loss differently than women. This booklet covers how friends and relatives can help.

Death in the Workplace - Workers and Mangers Dealing with Grief

This booklet addresses both a co-worker's loss and the impact of a co-worker's death on fellow workers with a special managers section.

Booklets are 20 pages - 5½" x 8½" Dennis Williams & Barbara Moore

Order any combination of these four "How to Help" titles and save

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10 - 24 1.40	200 - 499 0.85
25 - 99 1.05	500+ 0.80